

Emmanuel After School Care

2121 Cedar Hill X Road
Victoria, BC V9A 7B2
Phone: 250 598 0573
Fax: 250 592 4646
afterschool@emmanuelvictoria.ca
www.emmanuelvictoria.ca

Covid-19/Communicable Disease Health and Wellness Policy

Updated – March 2022

Please remember the Covid-19 public health emergency is rapidly changing and our ability to remain open may change without notice or we may be ordered to close in the upcoming months by BC's provincial health officer, Dr. Bonnie Henry, and/or our Licensing Officer if Covid surges.

Please note the following:

- Face coverings are no longer required. You and your child may wear a mask based on your personal or family choice.
- Daily Health Checks are no longer required for entry into the childcare setting BUT it is highly recommended that you continue to self-monitor yourself and your child before coming into the childcare setting and keep your child home if they are sick.
- The Drop-off/Pick-up procedures are no longer in practice.
- The federal government recently updated its guidelines for travelers returning to Canada, including children that will be returning to child care. Any children who travelled internationally must properly wear a well-constructed and well-fitting mask when in public spaces for the first 14 days – including those children returning to a child care facility or school. Infants under two years of age should not wear masks as it may make it difficult for them to breathe and may become a choking hazard. Unvaccinated or partially vaccinated children are exempt from quarantine, without any limitations on their activities if their parents are fully vaccinated. This means they do not need to wait 14 days before attending child care, school, camp. Additional details on the new requirements for COVID-19 vaccinated travellers can be found on the [Federal Government's web page](#).
- Staff, children, or other persons in the childcare setting who are exhibiting symptoms of illness (including but not limited to Covid-19 symptoms) should stay home until they are well enough to participate in regular activities. They can attend childcare if their symptoms are consistent with a previously diagnosed health condition (e.g., allergies) or symptoms have improved enough to where they feel well enough to return to regular activities and their fever has resolved without the use of fever-reducing medication (e.g. acetaminophen, ibuprofen).
- The [When to Get Tested for Covid-19](#) resource or the [B.C. Self-Assessment Tool](#) provides more information on whether you should get a test for Covid-19.

- If you are unsure or concerned about your symptoms, connect with your health care provider or call 8-1-1. If you test positive for Covid-19, you should follow the guidance on the BCCDC website as to how long you should self-isolate. They can return when they no longer need to self-isolate.
- If you have been exposed to Covid-19 and have no symptoms, you do not have to self-isolate and can continue to attend childcare, but you must monitor for symptoms.
- Our regular health and wellness policy stands:

Children may not attend After School Care while they have any of the following symptoms:

- Unusual, unexplained loss of appetite, fatigue, irritability, or headache.
- Eye infections.
- Unexplained rashes or any rash that is not confirmed by a doctor to be non-contagious.
- Know or suspected communicable diseases (measles, chickenpox, pink eye, hand, foot and mouth disease, etc.).
- Nausea, vomiting and/or diarrhea in the last 48 hours.
- If your child develops any of the above symptoms while in our care, we will move them to a separate supervised area and you will be required to pick them up immediately. Emmanuel After School Care will not be held liable for any changes in your child's health.

If your child develops any of the above symptoms, they will be able to return to After School Care when their symptoms have improved and they feel well enough to participate in all activities.

- Cleaning and disinfecting practices will continue to be done at least 1x/day and when visibly dirty.

Yvonne Rush – Manager

Emmanuel Baptist Church Child Care
250 598 0573
preschool@emmanuelvictoria.ca
afterschool@emmanuelvictoria.ca
daycare@emmanuelvictoria.ca

COVID-19

When to get tested for COVID-19

Based on current evidence, some symptoms are more likely to be related to COVID-19 than others.

If you or your child have any of the symptoms listed below, follow the instructions.

SYMPTOMS	WHAT TO DO
<ul style="list-style-type: none">• Fever (above 38° C)• Chills• Cough• Loss of sense of smell or taste• Difficulty breathing	<p>1 or more of these symptoms: Get tested and stay home.</p>
<ul style="list-style-type: none">• Sore throat• Loss of appetite• Headache• Body aches• Extreme fatigue or tiredness• Nausea or vomiting• Diarrhea	<p>If you have 1 symptom: Stay home until you feel better.</p> <p>2 or more of these symptoms: Stay home and wait 24 hours to see if you feel better. Get tested if not better after 24 hours.</p>

If you are a **close contact*** of someone who has COVID-19 and have any of the symptoms listed above:
Get tested and stay home.

Check your symptoms with the B.C. Self-Assessment Tool.

If you have any questions, or the symptoms get worse, contact your healthcare provider or call 8-1-1.

* You will be notified if you are a close contact. For more information on close contacts, go to <http://www.bccdc.ca/covid19closecontacts>

For more information on COVID-19, go to www.bccdc.ca

If you develop severe symptoms, such as difficulty breathing (e.g. struggling to breathe or speaking in single words) or chest pain, **call 9-1-1 or go to the nearest Emergency Department.**



Ministry of Health



BC Centre for Disease Control
Provincial Health Services Authority